



# REAP Clinical Practice Tool for Dementia Care and Responsive Behaviours

The REAP\* tool helps teams reflect on the causes of responsive behaviours, including Relating well, Environment, Abilities and Personhood. Here is an adaptation of this model, created by the Ontario Centres for Learning, Research and Innovation (CLRI) for use by long-term care teams.

## Relationships

- How do we think cognitive changes are impacting this person's relationships?
- Do we know of any relationships that are especially important to this person?
- What allows our team to relate better to this person?
- Is there a family member that can partner with us to create optimal care planning and provision?

## Environment

- What has been happening in the person's environment?
  - Noise level
  - Lighting, temperature
  - Accessibility and placement of objects
  - Scheduling and timing
  - Persons

## Abilities

- What is this person able to do?
- What does this person want to do?
- How are we balancing things the person wants to do that involve risk with quality of life?
- How are we helping this person maintain language, attention, memory and movement? Are there other ways to consider?

## Personhood

- What experiences and characteristics shape this person's unique needs and wants?
- What do we know that can help us understand this person's social perceptions and responses?
  - Culture
  - Beliefs and values
  - Preferences
  - Occupation
  - Likes, dislikes and habits

## Acknowledgements

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PREP LTC is led by the Ontario Centres for Learning, Research and Innovation in Long-Term Care (CLRI) at the Schlegel-UW Research Institute for Aging in collaboration with the Ontario CLRI teams at Baycrest Health Sciences and Bruyère. The views expressed herein do not necessarily reflect those of the Province.

\*This practice tool is adapted from REAP guidelines by McGilton and her colleagues (McGilton, K., Lever, J., Mowat, J., Parnell, L., Perivolaris, A., Biscardi, M. *Guideline recommendations to improve dementia care. Alzh Care Quart.* 2007, 8 (2): 109-115).